

## ON THEIR OWN!

Tumble Tots is the foundation of your child's independent participation in sport. Tumble Tots curriculum is based on the three most important outcomes of participation in sport; having fun, building self-esteem, and developing as an individual.

Tumble Tots will explore every facet of their sensory and learning capabilities, while acquiring new gymnastics skills and building their first friendships!

### CLASS TIMES

See Our Online Schedule

Once a Week = \$49.00 monthly

Twice a Week = \$90.65 monthly

Discounts apply for automatic withdrawal & siblings

\$45 Annual Registration Fee

## IDEAS FOR PARENTS

Be patient with toilet training!

Many children will not be ready until after age three. Accidents will happen for a while; treat accidents calmly and kindly. To avoid long term toilet training problems avoid shaming or punishing a child.

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Encourage development of hand-eye coordination by providing large buttons or old beads to string on a shoe lace.

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Play ball - show your child how to throw, catch, and kick balls of different sizes

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Show your child how to hop like a bunny, tiptoe like a bird, waddle like a duck, slither like a snake and run like a deer.

3-year-olds

# TUMBLE TOTS



## CLASS DESCRIPTION

### Tumbleweeds Gymnastics

### Kids Camp & Cheer

2231 Meridian Blvd. #2

Minden, NV 89423

**(775) 782-4496**

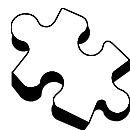
[www.tumbleweedsforkids.com](http://www.tumbleweedsforkids.com)

The most recent discoveries on child development have found that there is an early, rapid and large rise in the number of neural synapses - the connections between brain cells - peaking at around age three. At this age, a child's brain is twice as active as that of an adult. This is followed by a decrease - a selective pruning and refinement of the nervous system. Of the estimated one thousand trillion synapses in the typical three-year-old, the ones that get used the most will strengthen and last., those that are unused begin to disappear. This goes to the heart of why early experiences are so important. If a child experiences too little stimulation, play, affection, discovery, language, and person to person contact specialized and higher order brain processes, especially those associated with reasoning, language, and solving complex problems may be

The three-year-old is full of wonder and spends a lot of time watching, observing, and imitating. Their days are full of busy exploration of their world.

Three-year-olds are interested in perfecting motor skills, and it is common for them to spend the entire morning going down the slide or riding a favorite tricycle.

They often repeat activities or may do and undo actions such as putting together a puzzle. These sequences are important to later understandings of change and consistency.



## Mental Development

- Interested in similarities and differences
- Enjoys repeating words and sounds
- Listens attentively to short stories and books
- Enjoys singing and can carry a simple tune
- Asks who, what, where, when, and why questions
- Enjoys playing with clay or play dough
- Can put together a 6-piece puzzle
- Draws a circle and a square
- Can distinguish, match, and name colors

## Emotional Development

- Seeks attention & approval of adults
- Accepts suggestions & follows simple directions
- Enjoys making others laugh & being silly
- Enjoys playing alone but near other children